

WORK, PLAY, REST

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For everything there is a season, a time for every activity under heaven.

Ecclesiastes 3:1 (NLT)

REST: Both an _____ and an

A time to search and a time to quit searching. Ecclesiastes 3:6 (NLT)

On the seventh day God had finished his work of creation, so he rested from all his work. Genesis 2:2 (NLT)

Remember to observe the Sabbath day by keeping it holy. You have six days each week for your ordinary work, but the seventh day is a Sabbath day of rest dedicated to the LORD your God. On that day no one in your household may do any work. This includes you, your sons and daughters, your male and female servants, your livestock, and any foreigners living among you. For in six days the LORD made the heavens, the earth, the sea, and everything in them; but on the seventh day he rested. That is why the LORD blessed the Sabbath day and set it apart as holy. Exodus 20:8-11 (NLT)

PLAY: Participation in the _____ of the World

A time to cry and a time to laugh. A time to grieve and a time to dance.

Ecclesiastes 3:4 (NLT)

The Son of Man came eating and drinking, and you say, 'Here is a glutton and a drunkard, a friend of tax collectors and sinners.' **Luke 7:34 (NIV)**

WORK: A _____ to See Kingdom Come to Earth

A time to plant and a time to harvest. Ecclesiastes 3:2b (NLT)

A time to tear and a time to mend. Ecclesiastes 3:7a (NLT)

- _____ **Work**

All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to himself in Christ, not counting people's sins against them. And he has committed to us the message of reconciliation. 2 Corinthians 5:18-19 (NLT)

- _____ **Work**

Some of you will rebuild the deserted ruins of your cities. Then you will be known as a builder of walls and a restorer of homes. Isaiah 58:12 (NLT)

Suppose you see a brother or sister who has no food or clothing, and you say, "Good-bye and have a good day; stay warm and eat well"—but then you don't give that person any food or clothing. What good does that do? James 2:15-16 (NLT)

Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Ephesians 5:15-16 (NIV)

QUESTIONS FOR GROUPS //

- *How do you feel about the balance of work, play, and rest in your life?*
- *Have you ever thought of REST as an obligation? Why or why not?*
- *How do you REST? As an individual? As a family?*
- *What does PLAY look like in your life? As an individual? As a family?*
- *What does WORK life look for you?*
- *Read Ephesians 5:15-16. What are some opportunities you could step into as it comes to work, to play, and to rest?*