

HOLY WEEK

Good Friday

Good Friday Passage and Resources

On Good Friday we prepare our hearts for Easter by **remembering the cost of His love**. On the first Good Friday, Jesus was arrested in the middle of the night, tried, convicted, beaten and crucified. We call the day Good because on this day Jesus fulfilled God's plan for us to be restored to a relationship with Him. Be sure to join us for the Good Friday service at 7pm and be prepared with all your supplies.

Passage:

“But he was pierced for our transgressions, he was crushed for our iniquities, the punishment that brought us peace was on him, and by his wounds we are healed. We all, like sheep, have gone astray, each of us has turned to our own way; and the Lord has laid on him the iniquity of us all.”

Isaiah 53:5-6 (NIV)

Invitations: We invite you to shape your day in response to Jesus' love. Here are some suggestions for how you may choose to respond today:

1. **Prepare with your Family for Good Friday Service at 7pm.** In preparation for tonight, please join online with your family and bring a Bible, Journal, Pen, Grape Juice and some Bread to share with one another. We will be participating in Communion together and have time to write as we reflect on Jesus giving his Body and Blood on the cross.
2. **Consider fasting on Saturday.** Tomorrow is Silent Saturday and it is a day to reflect on our need for love. Fasting is a way to help us focus on God, and Christians around the world choose to fast from things on Silent Saturday. If you have questions about fasting, what it is, and how you can do it, check out the YouTube video about Fasting in our Holy Week Resources page.

