

THEOLOGY OF ENOUGH

Mike Howerton - Lead Pastor

The LORD is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul.

Psalm 23:1-3a ESV

Three choices to make:

i.

Choose Contentment over _____

Yet true godliness with contentment is itself great wealth. After all, we brought nothing with us when we came into the world, and we can't take anything with us when we leave it. So if we have enough food and clothing, let us be content.

1 Timothy 6:6-8 NLT

But I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content. **Psalm 132:2 NIV**

ii.

Choose Trust over _____

Then, turning to his disciples, Jesus said, "That is why I tell you not to worry about everyday life—whether you have enough food to eat or enough clothes to wear. For life is more than food, and your body more than clothing. Look at the ravens. They don't plant or harvest or store food in barns, for God feeds them. And you are far more valuable to him than any birds! Can all your worries add a single moment to your life? And if worry can't accomplish a little thing like that, what's the use of worrying over bigger things?" **Matthew 12:22-26 NLT**

Look at the lilies and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for flowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? And don't be concerned about what to eat and what to drink. Don't worry about such things. These things dominate the thoughts of unbelievers all over the world, but your Father already knows your needs. **Matthew 12:27-30 NLT**

Seek the Kingdom of God above all else, and he will give you everything you need. So don't be afraid, little flock. For it gives your Father great happiness to give you the Kingdom. **Matthew 12:31,32 NLT**

iii.

Choose Mindful Stewardship over

Know the state of your flocks, and put your heart into caring for your herds, for riches don't last forever, and the crown might not be passed to the next generation. After the hay is harvested and the new crop appears and the mountain grasses are gathered in, your sheep will provide wool for clothing, and your goats will provide the price of a field. And you will have enough goats' milk for yourself, your family, and your servant girls. Proverbs 27:23-27 NLT

QUESTIONS FOR GROUPS //

- *When have you been most content in life?*
- *Read 1 Timothy 6:6-8. What stands out to you?*
- *What's the myth of scarcity? Have you ever bought into it?*
- *What's the theology of enough? Have you ever bought into it?*
- *How can you exercise contentment this week?*