

STEWARDING OUR MIND

Mike Howerton - Lead Pastor

I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. John 14:27 NLT

1. _____ well

The Spirit of God has made me, and the breath of the Almighty gives me life. Job 33:4 ESV

Be still, and know that I am God. Psalm 46:10 ESV

2. _____ well

Therefore, preparing your minds for action, and being sober-minded, set your hope fully on the grace that will be brought to you at the revelation of Jesus Christ. 1 Peter 1:13 ESV

I will give you peace in the land, and you will be able to sleep with no cause for fear. Leviticus 26:6 NLT

In peace I will lie down and sleep, for you alone, O Lord, will keep me safe. Psalm 4:8 NLT

It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives to his beloved sleep. Psalm 127:2 ESV

Sleep Busters:

Come to me, all you who are weary and burdened, and I will give you rest. Matthew 11:28 NIV

3. Intentionally sharpen _____

- Keep _____

If you listen to constructive criticism, you will be at home among the wise. If you reject discipline, you only harm yourself; but if you listen to correction, you grow in understanding. Proverbs 15:31,32 NLT

Intelligent people are always ready to learn. Their ears are open for knowledge. Proverbs 18:15 NLT

To acquire wisdom is to love oneself, people who cherish understanding will prosper. Proverbs 19:8 NLT

A wise person is hungry for knowledge, while the fool feeds on trash. Proverbs 15:14 NLT

- Keep _____

Gray hair is a crown of glory; it is gained in a righteous life. Proverbs 16:31 ESV

4. Check your _____

But knowledge puffs up while love builds up. 1 Corinthians 8:1 NIV

Don't be impressed with your own wisdom. Instead, fear the Lord and turn away from evil. Then you will have healing for your body and strength for your bones. Proverbs 3:7,8 NLT

We do not want you to become lazy, but to imitate those who through faith and patience inherit what has been promised. Hebrews 6:12 NIV

I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. Romans 7:18b-19 NLT

Realize _____; I need to stop pretending I am.

Recognize you are _____ to do what you need _____ to do for you.

Happy are those who know they are spiritually poor. Matthew 5:3 GNT

For troubles surround me—too many to count! My sins pile up so high I can't see my way out. They outnumber the hairs on my head. I have lost all courage. Psalm 40:12 NLT

You can't heal a wound by saying it's not there! Jeremiah 6:14 TLB

Have compassion on me, Lord, for I am weak. Heal me, Lord, for my bones are in agony. I am sick at heart. How long, O Lord, until you restore me? Psalm 6:2,3 NLT

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. 1 Thessalonians 5:23 NKJV