

WHAT ATTITUDES PROMOTE WELLNESS?

Mike Howerton - Lead Pastor

His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires. 2 Peter 1:3,4 NIV

1. Don't underestimate the power of your _____

- Embrace a _____

For the despondent, every day brings trouble; for the happy heart, life is a continual feast. Proverbs 15:15 NLT

Jesus turned, and seeing her he said, "Take heart, daughter; your faith has made you well." And instantly the woman was made well. Matthew 9:22 ESV

- _____ toward wellness

- The _____ is a thing

2. Don't underestimate the value of _____

- Change what _____

"The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!" Mark 1:15 NIV

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! 2 Corinthians 5:17 NIV

3. Don't underestimate the _____ factor

You need to persevere so that when you have done the will of God, you will receive what he has promised. Hebrews 10:36 NIV

Pursue righteousness, godliness, faith, love, steadfastness, gentleness.
1 Timothy 6:11b ESV

We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Hebrews 12:2 NLT

- Consistent for _____

Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.
1 Corinthians 15:58 NKJV

Oh, that my actions would consistently reflect your decrees! Psalm 119:5 NLT

Oh give thanks to the Lord, for he is good; for his steadfast love endures forever!
1 Chronicles 16:34 ESV

- Consistent when _____

Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him.
James 1:12 ESV

- Consistent when _____

Create in me a clean heart, O God, And renew a steadfast spirit within me.
Psalm 51:10 NKJV

Consistent transparency with _____

4 Characteristics of safety:

- Take the _____

Better to be patient than powerful; better to have self-control than to conquer a city.
Proverbs 16:32 NLT

Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified. 1 Corinthians 9:25-27 ESV